

प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ायें।

DESIGN
QUESTION PAPER

| | | | |
|----------------|---|--------------------------------|--------------------------------|
| Subject | : | Physical Education | |
| Paper | : | 1st Semester | Annual or Supplementary |
| Class | : | 10+2 | Year 2012-13 |
| Time | : | 2½ Hrs. | |
| Marks | : | 60 | |

1. Weightage to Objectives:

| | | | | | |
|---------------------|------------|------------|------------|----------|--------------|
| Objective | K | U | A | S | Total |
| Percentage of marks | 40% | 33% | 27% | _____ | 100% |
| Marks | 24 | 20 | 16 | _____ | 60 |

2. Weightage to Form of Questions:

| | | | | | |
|--------------------|-----------|-----------|------------|-----------|--------------|
| Forms of Questions | E | SA | VSA | O | Total |
| No. of Questions | 03 | 07 | 06 | 12 | 28 |
| Marks Allotted | 15 | 21 | 12 | 12 | 60 |
| Estimated Time | 60 | 60 | 18 | 12 | 150 |

3. Weightage to Content:

| | <u>Units/Sub-Units</u> | <u>Marks</u> |
|----|--|---------------------|
| 1. | Unit-I Meaning and importance of Physical fitness and wellness Sub-units 1.1 to 1.5.4 | 18 |
| 2. | Unit –II Training Methods Sub-units 2.1 to 2.3.3 | 15 |
| 3. | Unit-IV Part-B Athletic care Sub-unit 4.1 to 4.2 | 10 |
| 4. | Unit-VI Part-B & C Olympic movements & sports Sub-unit 6.4 to 6.5 | 17 |
| 5. | _____ | _____ |
| 6. | _____ | _____ |
| 7. | _____ | _____ |
| 8. | _____ | _____ |
| 9. | _____ | _____ |
| | Total | <u>60</u> |

4. Scheme of Sections : - X X X X -
5. Scheme of Options : Internal Choice in long answer question i.e. essay type.
6. Difficulty level : Difficult : 10 % marks
Average : 50 % marks
Easy : 40 % marks

Abbreviations: K (Knowledge), U (Understanding), A (Application), S (Skill), E (Essay Type), SA(Short Answer Type), VSA (Very Short Answer Type), O (Objective Type)